



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Martin, Detlef

Club: Turbo-Schnecken Lüdenscheid

Number: 323

Course: 13.00 km

Nordic Walking

Total time: 1:44:44

Speed: 7.45 km/h

metres in height up: 179

Course score: 15.69

performance score: 117 Points