



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Kracht-Zinn, Karin

Club: Lauftreff Hohenlimburg

Number: 431

Course: 13.00 km

Nordic Walking

Total time: 1:48:08

Speed: 7.21 km/h

metres in height up: 179

Course score: 15.69

performance score: 113 Points