



3. Walk in Herne
Herne / 09.03.2008

Detailed evaluation

König, Karlheinz

Club: Laufftreff Hohenlimburg
Number: 532

Course: 13.00 km

Nordic Walking

Total time: 1:48:46

Speed: 7.17 km/h

metres in height up: 179

Course score: 15.69

performance score: 112 Points