



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

**Renck, Gisbert**

Club: TV Langendreer 1882  
Number: 351

Course: 13.00 km  
Nordic Walking

Total time: 1:50:33

Speed: 7.06 km/h

metres in height up: 179  
Course score: 15.69

performance score: 111 Points