



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Sieringhaus-Ross, Meike

Club: Turbo-Schnecken Lüdenscheid

Number: 333

Course: 13.00 km

Nordic Walking

Total time: 1:53:07

Speed: 6.90 km/h

metres in height up: 179

Course score: 15.69

performance score: 108 Points