



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

#### Wall, Hans

Club: Distel-Walker  
Number: 374

Course: 13.00 km  
Nordic Walking

Total time: 1:53:17

Speed: 6.89 km/h

metres in height up: 179  
Course score: 15.69

performance score: 108 Points