



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Czech, Alfons

Club: TV Langendreer 1882
Number: 349

Course: 13.00 km
Nordic Walking

Total time: 1:55:02

Speed: 6.78 km/h

metres in height up: 179
Course score: 15.69

performance score: 106 Points