



3. Walk in Herne
Herne / 09.03.2008

Detailed evaluation

Rattay-Albers, Rolf

Club: Essen
Number: 529

Course: 13.00 km
Nordic Walking

Total time: 1:55:06

Speed: 6.78 km/h

metres in height up: 179
Course score: 15.69

performance score: 106 Points