



3. Walk in Herne  
Herne / 09.03.2008

Detailed evaluation

Linden, Kai

Club: LG Halver-Schalksmühle  
Number: 304

Course: 13.00 km

Nordic Walking

Total time: 1:55:34

Speed: 6.75 km/h

metres in height up: 179

Course score: 15.69

performance score: 106 Points