



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Kram, Willi

Club: TBS-Herne

Number: 386

Course: 13.00 km

Nordic Walking

Total time: 1:55:56

Speed: 6.73 km/h

metres in height up: 179

Course score: 15.69

performance score: 106 Points