



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Lindemann, Heike

Club: Herne

Number: 409

Course: 13.00 km

Nordic Walking

Total time: 1:56:16

Speed: 6.71 km/h

metres in height up: 179

Course score: 15.69

performance score: 105 Points