



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Diekhans, Ilona

Club: RSG Herne

Number: 404

Course: 13.00 km

Nordic Walking

Total time: 1:58:03

Speed: 6.61 km/h

metres in height up: 179

Course score: 15.69

performance score: 104 Points