



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

**Vöbel, Liesel**

Club: Turbo-Schnecken Lüdenscheid

Number: 325

Course: 13.00 km

Nordic Walking

Total time: 1:58:24

Speed: 6.59 km/h

metres in height up: 179

Course score: 15.69

performance score: 103 Points