



3. Walk in Herne  
Herne / 09.03.2008

Detailed evaluation

Koslowski, Holger

Club: Walking Treff Möhnesee  
Number: 352

Course: 13.00 km

Nordic Walking

Total time: 2:00:06

Speed: 6.49 km/h

metres in height up: 179

Course score: 15.69

performance score: 102 Points