



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Gehrig, Antje

Club: TV Langendreer 1882  
Number: 338

Course: 13.00 km  
Nordic Walking

Total time: 2:00:18

Speed: 6.48 km/h

metres in height up: 179  
Course score: 15.69

performance score: 102 Points