



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

**Zeppenfeld, Elisabeth**

Club: WT-Soest

Number: 503

Course: 13.00 km

Nordic Walking

Total time: 2:00:59

Speed: 6.45 km/h

metres in height up: 179

Course score: 15.69

performance score: 101 Points