



3. Walk in Herne

Herne / 09.03.2008

Detailed evaluation

Hlawa, Elisabeth

Club: ARE NW Welper
Number: 511

Course: 13.00 km
Nordic Walking

Total time: 2:01:40

Speed: 6.41 km/h

metres in height up: 179
Course score: 15.69

performance score: 101 Points