



3. Walk in Herne  
Herne / 09.03.2008

Detailed evaluation

Gerlt, Mariane

Club: VfK Iserlohn 1888  
Number: 455

Course: 13.00 km  
Nordic Walking

Total time: 2:02:15

Speed: 6.38 km/h

metres in height up: 179  
Course score: 15.69

performance score: 100 Points