



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Holz, Carola

Club: LG Halver-Schalksmühle  
Number: 309

Course: 13.00 km  
Nordic Walking

Total time: 2:04:49

Speed: 6.25 km/h

metres in height up: 179  
Course score: 15.69

performance score: 98 Points