



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Jonischkat, Christiane

Club: Bochum

Number: 432

Course: 13.00 km

Nordic Walking

Total time: 2:08:35

Speed: 6.07 km/h

metres in height up: 179

Course score: 15.69

performance score: 95 Points