



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

**Bienholz, Ilona**

Club: FDG Herne  
Number: 672

Course: 5.00 km  
Walking

Total time: 49:38

Speed: 6.04 km/h

metres in height up: 99  
Course score: 6.49

performance score: 39 Points