



### 3. Walk in Herne

Herne / 09.03.2008

#### Detailed evaluation

Lange, Sabine

Club: SC Bayer 05

Number: 878

Course: 5.00 km

Nordic Walking

Total time: 44:48

Speed: 6.70 km/h

metres in height up: 99

Course score: 6.49

performance score: 43 Points