



3. Walk in Herne
Herne / 09.03.2008

Detailed evaluation

Laakmann, Ursula

Club: LT Düsseldorf-Süd
Number: 843

Course: 5.00 km
Nordic Walking

Total time: 48:39

Speed: 6.17 km/h

metres in height up: 99
Course score: 6.49

performance score: 40 Points