



6. Frühjahrslauf des BSV AOK Leipzig  
LEIPZIG / 15.03.2008

Detailed evaluation

Lappe, Matthias

Club: LG eXa  
Number: 330

Course: 10.00 km  
10 km-Lauf (Männer)

Category:  
Männer M40

Total time: 37:56

Speed: 15.82 km/h  
Running performance: 3:47 min/km

Rank in course/Total: 21 (of 176)

Rank in course/Men: 21 (of 176)

Best time in course: 33:24

Rank in category: 5(of 34)

Best time in the category: 33:24