



6. Frühjahrslauf des BSV AOK Leipzig
LEIPZIG / 15.03.2008

Detailed evaluation

Herchem, Frank

Club: LG eXa
Number: 335

Course: 10.00 km
10 km-Lauf (Männer)

Category:
Männer M40

Total time: 42:41

Speed: 14.06 km/h
Running performance: 4:16 min/km

Rank in course/Total: 69 (of 176)

Rank in course/Men: 69 (of 176)

Best time in course: 33:24

Rank in category: 17(of 34)

Best time in the category: 33:24