



6. Frühjahrslauf des BSV AOK Leipzig

LEIPZIG / 15.03.2008

Detailed evaluation

Tomcak, Wolf-Dieter

Club: SV Leipzig Ost

Number: 287

Course: 10.00 km

10 km-Lauf (Männer)

Category:

Männer M50

Total time: 45:15

Speed: 13.26 km/h

Running performance: 4:32 min/km

Rank in course/Total: 96 (of 176)

Rank in course/Men: 96 (of 176)

Best time in course: 33:24

Rank in category: 13(of 18)

Best time in the category: 34:14