



## 6. Frühjahrslauf des BSV AOK Leipzig

LEIPZIG / 15.03.2008

### Detailed evaluation

**Bock, Manuela**

Club: LC Auensee Leipzig

Number: 81

Course: 5.00 km

5 km-Lauf (Frauen, Kinder, Jugendliche)

Category:

Frauen W30

Total time: 23:47

Speed: 12.61 km/h

Running performance: 4:46 min/km

Rank in course/Total: 40 (of 102)

Rank in course/Women: 22 (of 81)

Best time in course: 18:43

Rank in category: 4(of 6)

Best time in the category: 20:55