



## 6. Frühjahrslauf des BSV AOK Leipzig

LEIPZIG / 15.03.2008

### Detailed evaluation

**Irmert, Heike**

Club: TSV 1893

Number: 88

Course: 5.00 km

5 km-Lauf (Frauen, Kinder, Jugendliche)

Category:

Frauen W40

Total time: 25:40

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 58 (of 102)

Rank in course/Women: 40 (of 81)

Best time in course: 18:43

Rank in category: 10(of 16)

Best time in the category: 20:49