



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Illing, Björn

Club: Triteam Ilmenau  
Number: 242

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M20

Total time: 35:47

Speed: 15.09 km/h  
Running performance: 3:51 min/km

Rank in course/Total: 10 (of 190)

Rank in course/Men: 10 (of 137)

Best time in course: 30:56

Rank in category: 4(of 20)

Best time in the category: 30:56