



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Maar, Karl-Heinz

Club: Einzelkämpfer

Number: 382

Course: 9.30 km

Kurze Strecke

Category:

Männer M50

Total time: 49:38

Speed: 10.88 km/h

Running performance: 5:20 min/km

Rank in course/Total: 102 (of 190)

Rank in course/Men: 89 (of 137)

Best time in course: 30:56

Rank in category: 7(of 9)

Best time in the category: 39:35