



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Simmel, Jan

Club: Oberwiera
Number: 294

Course: 9.30 km
Kurze Strecke

Category:
männliche Jugend B

Total time: 49:40

Speed: 10.87 km/h
Running performance: 5:20 min/km

Rank in course/Total: 105 (of 190)

Rank in course/Men: 91 (of 137)

Best time in course: 30:56

Rank in category: 3(of 5)

Best time in the category: 36:54