



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Jahn, Wolfram

Club: Laufgruppe Stadtilm
Number: 244

Course: 9.30 km
Kurze Strecke

Category:
Männer M55

Total time: 49:51

Speed: 10.83 km/h
Running performance: 5:22 min/km

Rank in course/Total: 107 (of 190)

Rank in course/Men: 93 (of 137)

Best time in course: 30:56

Rank in category: 13(of 16)

Best time in the category: 33:59