



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Lunkenbein, Christian

Club: Schwimmverein Arnstadt
Number: 367

Course: 9.30 km
Kurze Strecke

Category:
Männer M20

Total time: 50:36

Speed: 10.67 km/h
Running performance: 5:26 min/km

Rank in course/Total: 111 (of 190)

Rank in course/Men: 95 (of 137)

Best time in course: 30:56

Rank in category: 16(of 20)

Best time in the category: 30:56