



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Goetz, Helmut

Club: sc impuls

Number: 226

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 50:45

Speed: 10.64 km/h

Running performance: 5:28 min/km

Rank in course/Total: 112 (of 190)

Rank in course/Men: 96 (of 137)

Best time in course: 30:56

Rank in category: 3(of 8)

Best time in the category: 45:12