



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Dehmel, Gerhard

Club: ThWV Ilmenau

Number: 211

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 51:54

Speed: 10.40 km/h

Running performance: 5:35 min/km

Rank in course/Total: 120 (of 190)

Rank in course/Men: 103 (of 137)

Best time in course: 30:56

Rank in category: 5(of 8)

Best time in the category: 45:12