



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Hempel, Eberhard

Club: ERIMA

Number: 385

Course: 9.30 km

Kurze Strecke

Category:

Männer M55

Total time: 52:09

Speed: 10.35 km/h

Running performance: 5:37 min/km

Rank in course/Total: 123 (of 190)

Rank in course/Men: 104 (of 137)

Best time in course: 30:56

Rank in category: 15(of 16)

Best time in the category: 33:59