



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Beer, Jochen

Club: HV Ilmenau 55

Number: 388

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 52:17

Speed: 10.33 km/h

Running performance: 5:37 min/km

Rank in course/Total: 125 (of 190)

Rank in course/Men: 105 (of 137)

Best time in course: 30:56

Rank in category: 17(of 24)

Best time in the category: 33:07