



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Jahn, Karin

Club: Braun-Weiß Ilmenau  
Number: 351

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W45

Total time: 52:38

Speed: 10.26 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 129 (of 190)

Rank in course/Women: 21 (of 53)

Best time in course: 35:52

Rank in category: 5(of 6)

Best time in the category: 41:20