



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Diercks, Katja

Club: Lübecker SC
Number: 213

Course: 9.30 km
Kurze Strecke

Category:
Frauen W40

Total time: 53:05

Speed: 10.17 km/h
Running performance: 5:43 min/km

Rank in course/Total: 135 (of 190)

Rank in course/Women: 24 (of 53)

Best time in course: 35:52

Rank in category: 3(of 9)

Best time in the category: 49:34