



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Loch, Thomas

Club: Tischlerei Loch  
Number: 378

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M35

Total time: 53:11

Speed: 10.15 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 137 (of 190)

Rank in course/Men: 113 (of 137)

Best time in course: 30:56

Rank in category: 9(of 12)

Best time in the category: 34:14