



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Jäger, Matthias**

Club: Arnstadt  
Number: 370

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M40

Total time: 54:35

Speed: 9.89 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 148 (of 190)

Rank in course/Men: 120 (of 137)

Best time in course: 30:56

Rank in category: 21(of 24)

Best time in the category: 33:07