



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Albrecht, Lotz

Club: Lauffreunde Geratal
Number: 333

Course: 9.30 km
Kurze Strecke

Category:
Männer M65

Total time: 55:02

Speed: 9.81 km/h
Running performance: 5:55 min/km

Rank in course/Total: 150 (of 190)

Rank in course/Men: 122 (of 137)

Best time in course: 30:56

Rank in category: 6(of 8)

Best time in the category: 45:12