



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Seemann, Anja**

Club: Walschleben  
Number: 359

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W20

Total time: 56:27

Speed: 9.57 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 154 (of 190)

Rank in course/Women: 29 (of 53)

Best time in course: 35:52

Rank in category: 8(of 13)

Best time in the category: 35:52