



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Herrling, Tina

Club: Elxleben  
Number: 361

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W30

Total time: 56:46

Speed: 9.51 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 156 (of 190)

Rank in course/Women: 30 (of 53)

Best time in course: 35:52

Rank in category: 2(of 4)

Best time in the category: 52:16