



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Schlegel, Elisabeth

Club: LSV Lok Arnstadt  
Number: 284

Course: 9.30 km  
Kurze Strecke

Category:  
weibliche Jugend B

Total time: 56:54

Speed: 9.49 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 159 (of 190)

Rank in course/Women: 32 (of 53)

Best time in course: 35:52

Rank in category: 2(of 3)

Best time in the category: 45:02