



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

**Jahn, Reiner**

Club: Schutterwald  
Number: 243

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M55

Total time: 58:54

Speed: 9.17 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 168 (of 190)

Rank in course/Men: 131 (of 137)

Best time in course: 30:56

Rank in category: 16(of 16)

Best time in the category: 33:59