



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Waschke, Silke

Club: Arnstadt  
Number: 300

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W35

Total time: 1:00:22

Speed: 8.95 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 171 (of 190)

Rank in course/Women: 39 (of 53)

Best time in course: 35:52

Rank in category: 5(of 6)

Best time in the category: 47:35