



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Düvel, Helmut

Club: Grün-Weiß Gifhorn
Number: 354

Course: 9.30 km
Kurze Strecke

Category:
Männer M70

Total time: 1:01:24

Speed: 8.79 km/h
Running performance: 6:36 min/km

Rank in course/Total: 174 (of 190)

Rank in course/Men: 134 (of 137)

Best time in course: 30:56

Rank in category: 2(of 2)

Best time in the category: 47:48