



5. Ilmenauer Osterlauf  
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Seifert, Franziska

Club: Kugelblitz  
Number: 290

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W20

Total time: 1:05:58

Speed: 8.19 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 184 (of 190)

Rank in course/Women: 49 (of 53)

Best time in course: 35:52

Rank in category: 12(of 13)

Best time in the category: 35:52