



5. Ilmenauer Osterlauf
Ilmenau-Heyda / 22.03.2008

Detailed evaluation

Sperl, Benjamin

Club: Uni Würzburg Team EPO
Number: 119

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:06:19

Speed: 16.29 km/h
Running performance: 3:35 min/km

Rank in course/Total: 3 (of 126)

Rank in course/Men: 3 (of 109)

Best time in course: 1:04:23

Rank in category: 3(of 27)

Best time in the category: 1:04:23